



COURSE OUTLINE: CYC350 - HUMAN SEXUALITY

Prepared: Child and Youth Care Faculty

Approved: Karen Hudson, Chair, Community Services and Interdisciplinary Studies

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| Course Code: Title | CYC350: HUMAN SEXUALITY |
| Program Number: Name | 1065: CHILD AND YOUTH CARE |
| Department: | CHILD AND YOUTH WORKER |
| Academic Year: | 2023-2024 |
| Course Description: | This course explores human sexuality from a variety of perspectives, including physical, emotional, environmental and societal influences. It's purpose is to provide students with the necessary knowledge, skills and attitudes to support children, youth and families in developing and maintaining safe and healthy relationships. |
| Total Credits: | 3 |
| Hours/Week: | 3 |
| Total Hours: | 42 |
| Prerequisites: | There are no pre-requisites for this course. |
| Corequisites: | There are no co-requisites for this course. |
| Substitutes: | CYW306, OEL1048 |
| Vocational Learning Outcomes (VLO's) addressed in this course: | 1065 - CHILD AND YOUTH CARE |
| Please refer to program web page for a complete listing of program outcomes where applicable. | VLO 101 Develop and maintain relationships with children, youth and their families by applying principles of relational practice and respecting their unique life space, cultural and human diversity. |
| | VLO 102 Assess and respond to the strengths and needs of children and youth, including complex responses impacted by developmental, environmental, physical, emotional, social and mental health challenges in order to promote positive change. |
| | VLO 103 Analyze and evaluate the impact of the inter-relationship among family, social service, justice and community systems on children, youth and their families and use this information in the planning of holistic care and in the reduction of systemic barriers. |
| | VLO 104 Plan, implement and evaluate interventions using evidence-informed practices in the areas of therapeutic milieu and programming, and group work to promote resiliency and to enhance development in children, youth and their families. |
| | VLO 105 Advocate for the rights of children, youth and their families and maintain an anti-oppression perspective and cultural competence in diverse cultural contexts. |
| | VLO 106 Apply communication, teamwork and organizational skills within the interprofessional team and with community partners to enhance the quality of service in child and youth care practice. |
| | VLO 107 Develop and implement self-care strategies using self-inquiry and reflection processes to promote self-awareness and to enhance practice as a child and youth care practitioner. |



| | VLO 108 Use evidence-based research, professional development resources and supervision models to support professional growth and lifelong learning. | | | | | | | | |
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| Essential Employability Skills (EES) addressed in this course: | <p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p> | | | | | | | | |
| General Education Themes: | Social and Cultural Understanding | | | | | | | | |
| Course Evaluation: | <p>Passing Grade: 50%, D</p> <p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p> | | | | | | | | |
| Books and Required Resources: | <p>Human Sexuality in a World of Diversity (Subscription) by Rathus, S. A., Nevid, J. S., Fichner-Rathus, L., Herold, E.S. Publisher: Pearson Education Canada Edition: 6th Canadian Edition ISBN: 9780135166321</p> | | | | | | | | |
| Course Outcomes and Learning Objectives: | <table border="1"> <thead> <tr> <th>Course Outcome 1</th> <th>Learning Objectives for Course Outcome 1</th> </tr> </thead> <tbody> <tr> <td>1. Develop and maintain relationships with children, youth and their families applying principles of relational practice and respecting their unique life space, cultural and human diversity.</td> <td> 1.1 Discuss the historical basis leading to the development of cultural attitudes, perceptions and values in the area of human sexuality. 1.2 Discuss the methodology of and outline the role that research plays in the study of human sexuality. 1.3. Discuss with supporting data, acceptable sexual behaviour and the role that context plays in the determination of the acceptable nature of the behaviour. </td> </tr> <tr> <th>Course Outcome 2</th> <th>Learning Objectives for Course Outcome 2</th> </tr> <tr> <td>2. Analyze and evaluate the impact of the inter-relationship among children, youth and their families and society, identifying the supports and</td> <td> 2.1 Explain the role of gender in sexual learning. 2.2 Identify the role that family structure and function plays in this area. 2.3 Describe the role that the socialization process in general plays in the development of a sexual identity. </td> </tr> </tbody> </table> | Course Outcome 1 | Learning Objectives for Course Outcome 1 | 1. Develop and maintain relationships with children, youth and their families applying principles of relational practice and respecting their unique life space, cultural and human diversity. | 1.1 Discuss the historical basis leading to the development of cultural attitudes, perceptions and values in the area of human sexuality. 1.2 Discuss the methodology of and outline the role that research plays in the study of human sexuality. 1.3. Discuss with supporting data, acceptable sexual behaviour and the role that context plays in the determination of the acceptable nature of the behaviour. | Course Outcome 2 | Learning Objectives for Course Outcome 2 | 2. Analyze and evaluate the impact of the inter-relationship among children, youth and their families and society, identifying the supports and | 2.1 Explain the role of gender in sexual learning. 2.2 Identify the role that family structure and function plays in this area. 2.3 Describe the role that the socialization process in general plays in the development of a sexual identity. |
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| | systemic barriers that are experienced by those exploring their sexuality. | 2.4 Discuss the role of the media that is influential in the development of sex roles. |
| | Course Outcome 3 | Learning Objectives for Course Outcome 3 |
| | 3. Design and implement strategies related to healthy psychosexual development of children, youth and their families, that promote client advocacy and community education. | 3.1 Describe the function and role played by each in the human sexual response cycle. 3.2 Identify individuals biases that may contribute to oppression with respect to race, ethnicity, national origin, color, sex, sexual orientation, gender identity or expression, age, marital status, political belief, religion, immigration status, and mental or physical disability. 3.3 Define the issues that may be problematic in providing advocacy and community education. |
| | Course Outcome 4 | Learning Objectives for Course Outcome 4 |
| | 4. Apply communication, teamwork and organizational skills to enhance the quality of service in child and youth care practice. | 4.1 Develop and apply organizational and time management skills. 4.2 Interact with others in groups or teams in ways that contribute to effective working relationships and the achievement of goals. 4.3 Plan and implement, clear, concise written, oral and electronic communications for diverse individuals, families and groups using anti-oppression language. 4.4 Explain complex concepts in ways that are understandable for and respectful of diverse individuals and groups. |

Evaluation Process and Grading System:

| Evaluation Type | Evaluation Weight |
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| 1. Participation and Professional Practice | 20% |
| 2. Assignments | 40% |
| 3. Tests | 40% |

Date:

July 17, 2023

Addendum:

Please refer to the course outline addendum on the Learning Management System for further information.